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## **EVERYTHING YOU ALWAYS . . .**

Some of you have developed your own unique, creative methods of working with such concepts as the energy bar tool. Examples we've heard about include: when wanting to get answers, using the EBT to spell them out like huge skywriting; or riding it (like a witch on a broomstick?) to get out of your body. We'd like to compile some of these imaginative uses of the REBAL, the energy conversion box, the energy bar tool, and anything else for a future article on "Everything You Always Wanted to Know about How to Use . . . " What methods can you contribute? Send them to Julie Mazo, 'IMI FOCUS, The Monroe Institute.